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## The Festivals of Isra'el

### 23: 10-17

The festivals of Isra'el REFLECT: What would happen if you followed these commands? How would this be good or bad for you? How does this help you see the reason for these commandments? What will you do today to get the spiritual refreshment God wants from you?



The final section of the Book of the Covenant lays down the religious festivals to be observed in ancient **Isra'el**. This is the oldest sacred calendar in the Bible. The foundational unit of the calendar is **the** weekly **Sabbath** observance. Tied to and built upon **the Sabbath** are the three national pilgrim festivals that **Isra'el** was required to celebrate yearly.<sup>439</sup>